



MANGIA'S TRIATHLON SICILY

FRAZIONE NUOTO 750 m

Nuoto in senso antiorario

START/FINISH SWIM



SWIM

An aerial satellite view of a coastal area. A yellow path with circular markers starts at a building complex with a pool in the upper left, goes south, then west along a road, then south again, and finally east along a beach. A blue square labeled 'ZC' is positioned over the path near the building complex. The terrain is a mix of green vegetation and dark, rocky volcanic-like ground. A beach and the sea are visible on the left side.

MANGIA'S TRIATHLON SICILY

Trasferimento ingresso T1
350m da percorrere solo 1 volta





Il Castello Incantato

INIZIO ANELLO

MANGIA'S TRIATHLON SICILY

FRAZIONE BICI 19,6 km

Giro in senso antiorario

- Trasferimento: 620m
- Anello: 4.550m da percorrere **4 volte**
- Rientro: 750 m

BIKE

✕ Cancella risultati di ricerca




MANGIA'S TRIATHLON SICILY

FLUSSI "IN-OUT" BIKE

 USCITA ZONA CAMBIO

 INGRESSO ZONA CAMBIO

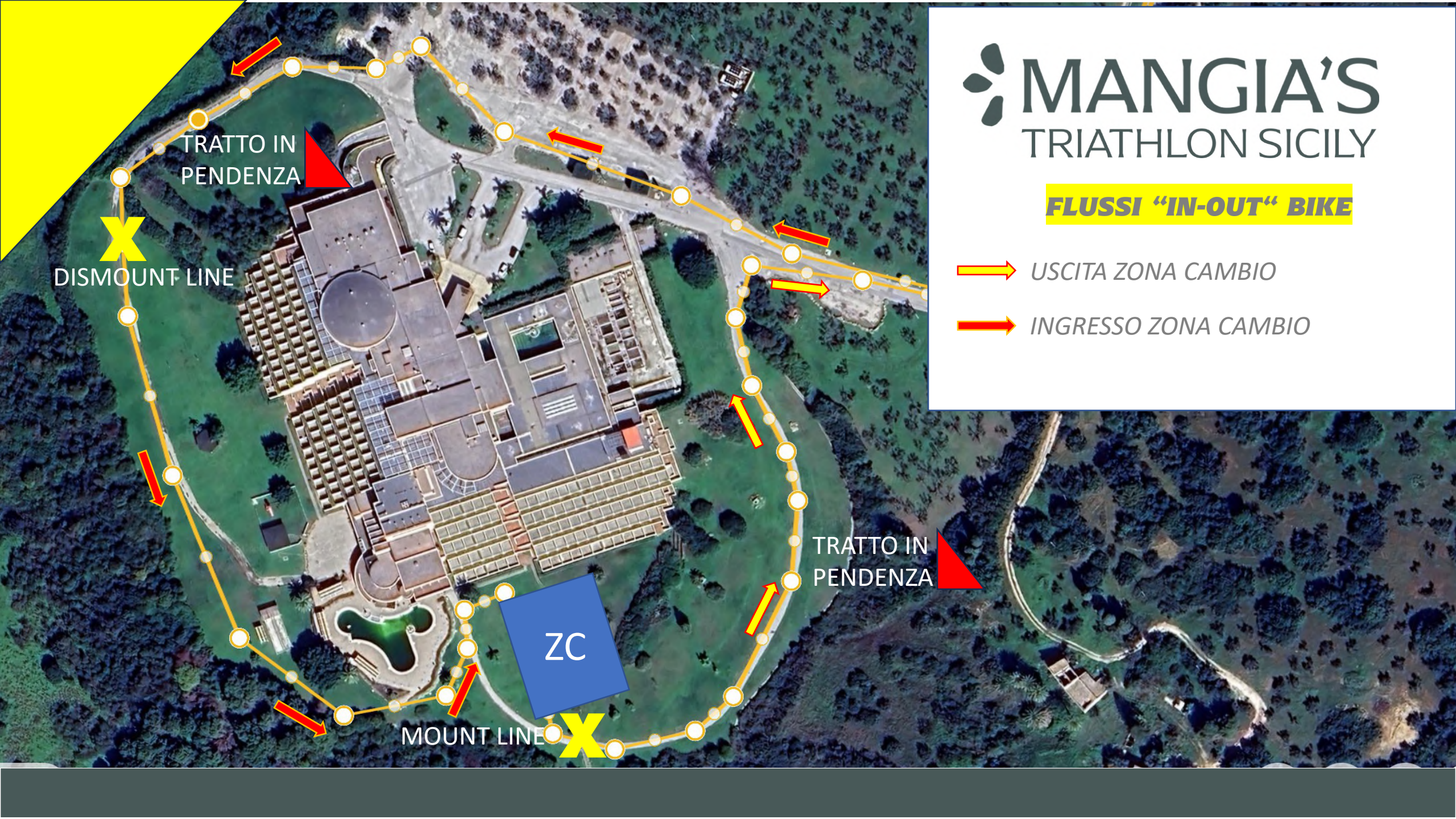
 DISMOUNT LINE

TRATTO IN
PENDENZA 

TRATTO IN
PENDENZA 

ZC

MOUNT LINE 





MANGIA'S TRIATHLON SICILY

FRAZIONE CORSA 5.000 m

Giro in senso antiorario

- *Trasferimento: 735m*
- *Anello: 1.910m da percorrere 2 volte*
- *Percorso arrivo: 445 m*

RUN

MANGIA'S TRIATHLON SICILY

FLUSSI ZC- ARRIVO



ZONA CAMBIO



CORRIDOIO D'ARRIVO



**VILLAGE
ZONA MASSAGGI**



**SEGRETERIA E SERVIZI
PRESSO HOTEL CALA REGINA**

**RIENTRO
IN BICI**

**USCITA IN
BICI E CORSA**

**IN > T1
IN > T2**

**OUT > T1
OUT > T2**

Livelli

